



## Doncaster Place and Bassetlaw Place Medicines Optimisation Bulletin

October 2024



Have you got a spare couple of minutes? Like what you see? Want to hear more from Medicines Optimisation? We need your feedback on the new style bulletin. Use the QR code opposite or follow the link: <https://forms.office.com/e/A21uYN9JJb>

Useful hyperlinks for Medicines Optimisation  
To open Press control and click the link below  
[IMOC Webpage](#)  
[Doncaster Place Website](#)  
[MPD](#)

### Traffic Light Status (TLS) additions and changes

TLS Integrated medicines Optimisation Committee (IMOC) List October 2024 Please Note: TLS status finalised at IMOC all items are classified as non-Formulary unless stated otherwise. The MPD will be updated accordingly.

For a full list of items that were classified in October 2024 click this link below:

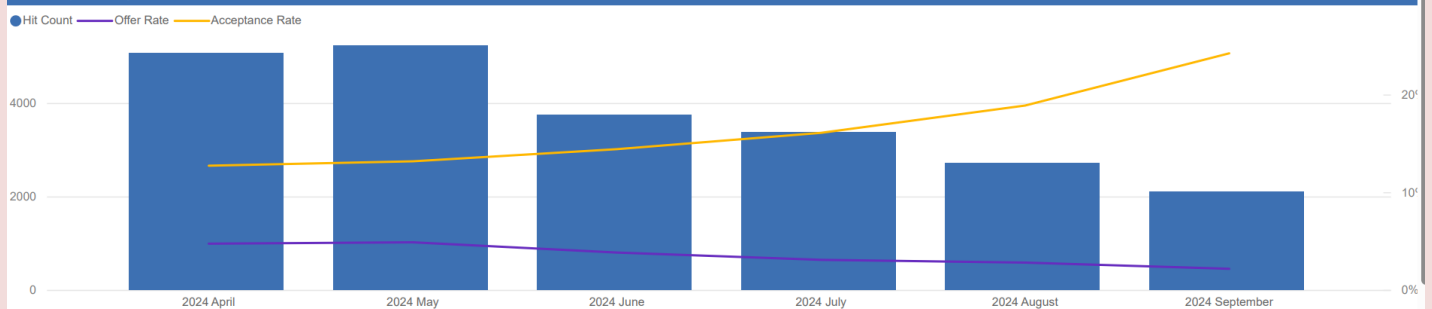
[TLS IMOC LIST October 2024](#)

### Optimise Rx Update

There was an article in the bulletin around 6 months ago requesting that prescribers refrain from clicking the 'x' (Close) on the formulary messages and should always click 'accept'. These messages are for information only and by accepting the pop up this will ensure that it does not appear again in the future. The good news is that the acceptance rate has doubled in the last few months. (See graph below). Well done everyone.

Optimise Rx is a useful tool for following formulary guidance and good practice and Doncaster GPs are using it well.

Formulary Message Performance



## TRURAPI® – ( Insulin Aspart Biosimilar ) FAQ

### What is Trurapi®?

Trurapi® is a type of rapid acting Insulin Aspart and is known as a "biosimilar medicine." This means it has the same licensing and contains the same active substance as another approved medicine, in this case Novorapid®.

### Who will this be prescribed for?

From 7<sup>th</sup> October 2024, DBTH introduced Trurapi® for managing hyperglycaemia in appropriate **NEW PATIENTS with Type 2 diabetes only**.

### Why is this change being made?

Trurapi® offers the same clinical effectiveness and safety profile as Novorapid® at a substantially lower cost, providing a more cost-effective treatment. It is available in pre-filled disposable pens, cartridges for use with a re-useable pen and vials for use with insulin syringes. **DBHFT will not be actively switching patients who are already receiving Novorapid®.**

### Why is it not used in Type 1 diabetics too?

Although Trurapi® is licensed in both Type 1 and Type 2 Diabetes for adults and children over the age of 1, DBHFT have chosen not to introduce the use of Trurapi® in Type 1 Diabetes currently. This is because Novopen 6 and NovoPen ECHO offer the advantages of automatically recording insulin dosing information about each injection, this includes the time and date of all injected doses as well as the number of units dosed. It can also be paired with apps that provide data from blood glucose meters, flash and continuous glucose monitors (CGM). These components are important in the management of Type 1 Diabetes.





**Formulary updates October 2024**

**The following items will be added/amended on the MPD**

1.5.2	Budesonide Caps MR	Crohn's disease Microscopic colitis Ulcerative colitis	eosinophilic esophagitis licensed for short Course given in Secondary Care	New indication to be added on MPD
7.4.2	Vibegron	Treating symptoms of overactive bladder syndrome	Green Non-formulary	To be added to MPD when on DM&D list (Currently not available on clinical systems as it is a new drug)

**For the latest Out of Stock information  
Refer to your regular emails from Medicines Management Admin emails.**

**DIBS Update**

You can find latest DIBS Practice information and other useful resources on the DIBS page on the Medicines Management website by clicking this [link](#). If you have any questions around DIBS, please contact the MO team via our email : [syicb-doncaster.medicinesmanagementadmin@nhs.net](mailto:syicb-doncaster.medicinesmanagementadmin@nhs.net)

**Alignment of Vitamin D reporting for DBTHH with rest of ICB**

Doncaster and Bassetlaw are aligning with the NHS South Yorkshire ICB guidance and NICE in the reporting of Vitamin D. From 28/10/2024 we will lower the threshold currently reported for insufficient from 30nmol/L so that in future reports from the laboratory will have the following Vitamin D cut-offs:

- less than 25nmol/L as **deficient**
- 25 – 50 nmol/L as **insufficient**
- over 50 nmol/L as **sufficient**

Doncaster and Bassetlaw local Vitamin D guidance [Click here](#)  
From DR PAULA MARCHETTI FRCPATH,  
The full letter can be found by [Clicking here](#)

**Doncaster Wound Care Formulary and Associated Pathways and Policies**

The reviewed and updated Doncaster Wound care formulary has now been approved. It can be accessed on the MO website and MPD and directly through [this Link](#)

**Estriol 1mg/g Vaginal Cream (Estriol 0.1% cream)**

**Ovestin** is now manufactured as a generic product. To ensure your patients continue to benefit from the same product and formulation, please specify Estriol 1mg/g cream or Estriol 0.1% cream on prescriptions. [Click here](#) for full prescribing information.

**Please Note : Estriol 0.01% cream is NON-Formulary and should not be prescribed.**

**MHRA Drug Safety Update From IMOC October 2024:**

Valproate use in men: as a precaution, men and their partners should use effective contraception. For full article [click here](#)

Yellow Card Biobank: call to contribute to study of genetic links to side effects. For MHRA article [click here](#)

We have been informed by Novo Nordisk that **Ozempic does contain needles** within its packaging. Needles only need to be prescribed for patients using other injectable GPL1's. Please see below for formulary choices of needles.

<b>Pen Needle Formulary Choice (For Insulin Pen Devices)</b>	
<b>1st line Choice</b> – GlucoRx care point insulin needles	<b>2nd Line Choice</b> – BD VIVA
4mm/31 gauge (100) £2.75	4mm/32 gauge (90) £3.59*
5mm/31 gauge (100) £2.75	5mm/31 gauge (90) £3.59
6mm/31 gauge (100) £2.75	6mm/31 gauge (90) £3.59
8mm/31 gauge (100) £2.75	8mm/31 gauge (90) £3.59
<b>*For children and those patients who report discomfort Pen needle 4mm/32 gauge is the preferred option due to shallow and very fine needle.</b>	

**Contact us : South Yorkshire Integrated Care Board Doncaster Place Medicines Optimisation Team**

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