









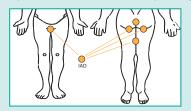
# Skin Care Pathway for Incontinence Associated Dermatitis (IAD) and Moisture Associated Skin Damage (MASD)

#### **Incontinence Associated Dermatitis (IAD)**

is damage to the skin caused from contact of urine and/ or faeces. A combination of urine and faeces causes severe skin irritation that can quickly result in the skin breaking down.

#### **Risk factors**

- The skin will be more vulnerable to pressure, shear and friction
- Moisture due to urine and/or faeces, with more than 2 episodes of incontinence per day.





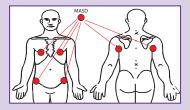
#### **Management Plan**

- Assess and treat reversible causes of incontinence
- Implement the Pressure Ulcer Prevention and Management Care Plan
- Implement Skin Care Regime as below
- Report IAD using IR1
- Assess, dress and document the areas of IAD within the Wound Care IPOC within SystmOne/EMIS Web.

Moisture Associated Skin Damage (MASD) is damage to the skin caused by prolonged contact of moisture to the skin surface.

#### **Risk factors**

- Excessive moisture due to perspiration
- Excessive moisture due to wound leakage
- Bariatric patients
- Medicines e.g. steroids, antibiotics, immunosuppressants.





#### **Management Plan**

- Assess and treat pyrexia
- Assess and treat wound exudate
- Implement Skin Care Regime as below
- Report MASD using IR1
- Assess, dress and document the areas of MASD within the Wound Care IPOC within SystmOne/EMIS Web.
- 1 Step 1 Undertake a full patient assessment to establish a diagnosis of Incontinence Associated Dermatitis (IAD) or Moisture Associated Skin Damage (MASD).



#### **PROSHIELD FOAM and SPRAY Incontinence Cleanser**

- Cleanse areas of skin at risk after every episode of incontinence
- Remove faeces/urine where applicable Do not rinse off, pat dry with dry wipe.

Type 7 Stool (Bristol Stool Chart)



Broken skin

Step 3 Protect and Restore

### PROSHIELD PLUS Skin protectant

Apply a thick layer to affected areas after each episode, of incontinence.

## PROSHIELD PLUS Skin protectant

Apply a thin layer once per day as a minimum, to protect and restore the skin and reduce risk of skin breakdown.

### PROSHIELD PLUS Skin protectant

Apply a thick layer to affected areas after each episode, of incontinence.

### **Secondary Care:**

If there is no improvement after 7 days, or if advice is required refer to the Skin Integrity Team (SIT).

#### **Primary Care:**

Refer to TVALS if deterioration noted or no improvement after 7 - 10 days.

If the named product on this pathway is not available a temporary second line product is available to use. This can be found within the main text of the Doncaster Wide Wound Care Formulary Document.