

## Doncaster & Bassetlaw

### Lipid Management & Referral Guidelines

### for Lipid and FH Clinic

The aim of this document is to provide advice & guidance for Primary Care to use when considering a patient for referral to the Specialist Lipid Clinic or FH Clinic.

Services offered.

- Lipid clinic
- Dietetic support
- Familial Hypercholesterolaemia clinic - Genetic Diagnosis and Cascade testing
- PCSK9 clinic offering initiation and follow up
- Education to Primary and secondary care staff
- Complex cases related to Lipids not covered in the above

Patients can be referred for screening for Familial Hypercholesterolaemia if there is a family history of CVD or high cholesterol even when their cholesterol is well managed by the GP. Refer to Simon Broome Criteria.

Patients from Cardiology, Vascular, Stroke or other specialties where lipid targets as per NICE and ESC are not being met can also be referred to the Lipid clinic.

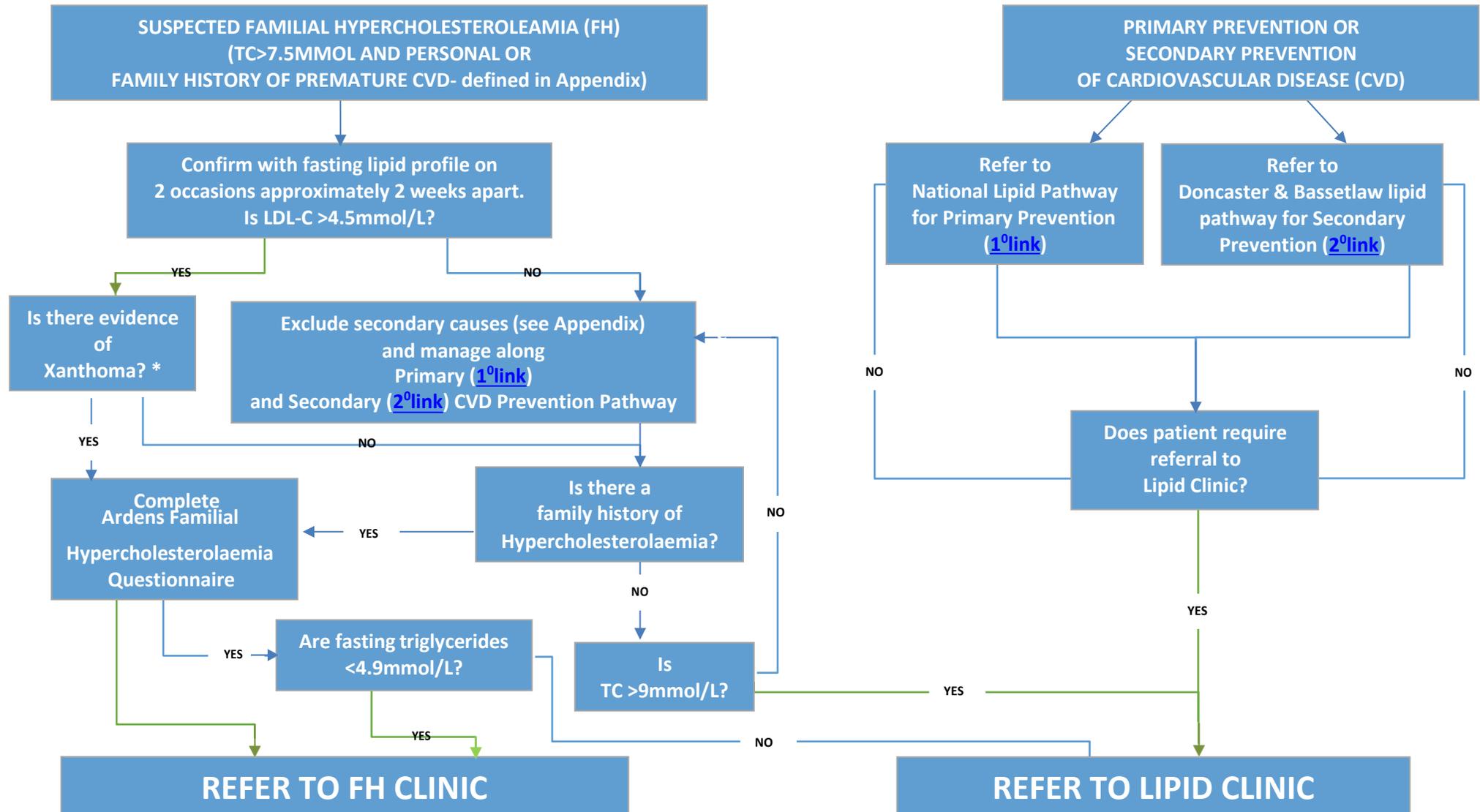
For the attention of the Consultant Endocrinologists and/or FH Nurse Practitioner:

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Dr Chaturvedi, Bassetlaw

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## DONCASTER & BASSETLAW FH AND LIPID DISORDERS PROCESS FOR PRIMARY CARE



\* It is rare and for clinicians who are not familiar with xanthoma to recognize this in primary care. Xanthoma would normally be identified in Lipid or FH clinic if present. Lack of xanthoma should not be a barrier for referral to FH clinic.

## Appendix with Resources and Supporting Information

Doncaster & Bassetlaw APC  
'Lipid Optimisation for the  
secondary prevention of cardiovascular  
disease in adults: a 3-step approach'

[Click here](#)

DBTHFT  
Simon Broome criteria for FH Screening

[Click here](#)

DBTHFT  
Secondary causes of hyperlipidaemia table

[Click here](#)

NICE AAC Statin intolerance pathway

[Click here](#)

DBTHFT Lipid & FH clinic referral template

[Click here](#)

Familial  
Hypercholesterolaemia Questionnaire

[Click here](#)

Definition of abbreviations:  
TC: total cholesterol  
LDL: low-density lipoprotein  
CVD: Cardiovascular disease  
DBTHFT: Doncaster & Bassetlaw Teaching  
Hospitals NHS Foundation Trust