Carboxymethylcellulose (Mucilage) Suspension

This leaflet is a summary of important information about your medicine, please read it carefully. If you have any questions or are not sure about the medication or your treatment, please contact your doctor or hospital pharmacist.

What ingredients are in Mucilage suspension?
- Carboxymethylcellulose (thickener)
- Propyl Hydroxybenzoate (preservative)
- Methyl Hydroxybenzoate (preservative)
- Flavouring

Before you start using Mucilage, tell your doctor if you have an allergy to any of the ingredients.

Why have I been prescribed Mucilage?
Mucilage is a coating agent. When swallowed it will coat your food pipe to make it easier and less painful to swallow food and drinks.

How much should I take?
You should take the suspension as prescribed. The usual dose is 10ml immediately before food. Using it more than four times a day may increase the chance of having side-effects.

What side-effects does Mucilage have?
Mucilage is a very safe medication and has very few side-effects. If you develop any unusual symptoms after starting mucilage please contact your doctor.

What do I do if I take too much mucilage or if a child takes my medicine?
It is unlikely to cause any harm, but if you or the child feel unwell contact a doctor.
Where should I store my medicine?
Store the bottle in a cool (below 25 degrees), dry place, out of direct sunlight. Keep out of the sight and reach of children.

If a doctor tells you to stop taking the medicine or you no longer require the treatment, please return it to any pharmacy for disposal.

When does the medicine expire?
On the right hand side of the manufacturer's label there is a "use before" date. Do not use the medicine after this date. Once the bottle has been opened it should be used within 4 weeks or by the use before date, whichever is earliest.

How do I get more Mucilage?
You can ask for more Mucilage at your follow-up appointments at the hospital. Mucilage is not usually prescribed by family doctors (GPs) or supplied by community pharmacies (chemists). However, if you find it difficult to return to the hospital, your GP can write a prescription for the medicine and your chemist can order supplies in from Huddersfield Royal Infirmary Manufacturing Unit (Telephone 01484 355388). Supplies may take a number of days to obtain so please allow plenty of time.

If you have any questions about your medicine please phone medicines information on:

0114 271 3401